
EVENT DETAILS

Team JLT: Emma Biggs, Paul Harris, David Ibeson Barry Keegan, Chris Medlock, Harry Owen, Andrew Sainsbury.

Address: One America Square
London
EC3N 2JL

Period: 30th August 2013 to 7th September 2013

Type: Lime Street to Monte Carlo Charity Cycle Ride

JLT Re have entered a team into this Re/Insurance market event which reaches Casino Square, Monte Carlo in time for the start of the annual Reinsurance Rendezvous convention. This is a tough personal and team challenge and we would welcome your support in helping us to raise our fund raising target.

In Aid of: Wooden Spoon Charity supporting mentally and physically disadvantaged children, www.limestreet2montecarlo.com

and

Action on Addiction, www.actiononaddiction.org.uk

Details: This is the inaugural event leaves from Lloyd's of London, Lime Street and involves 1,300km (790 miles) over 9 days to arrive in Casino Square, Monte Carlo in time for the Reinsurance Rendezvous.

The average daily ride is 145km (89 miles) over varied terrain.

During the ride we will climb a total of 12,920m (42,389ft) which is the equivalent to cycling up Everest more than one and a half times.

Our toughest day in the saddle is through the Alps and involves 5,000m (16,270ft) of climbing.

We have an option for additional 18km (12 miles) where we tackle the famous Alpe D'Heuz climb that features on Stage 18 of the 2013 Tour de France. This consists of the infamous 21 hairpins, an elevation gain of 1,100m (3,635ft) at an average 7.9 per cent!

Target: £50,000

Payment Terms: <http://uk.virginmoneygiving.com/team/LS2MCJLT> or cheque payable to "Wooden Spoon"



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Lime Street to Monte Carlo Charity Cycle Ride
30th August 2013 to 7th September 2013
In aid of Wooden Spoon Charity and Action on Addiction

TARGET: £50,000

The company hereby agrees to support this event as contained within this document.



JLT RE

Signed in



this

9th

day of April

2013

£5000

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Group Charity Matching

up to £5,000

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this

day of

20

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London to Monte Carlo - Daily Mileage

Day	Location	Mileage	Elevation Gain	Maximum Elevation
1	LONDON > PORTSMOUTH>CAEN	75.41	1309	538
2	CAEN > NOGENT	98.84	2579	896
3	NOGENT > VIERZON	103.11	1906	863
4	VIERZON > MOULINS	86.83	1621	971
5	MOULINS > MONTBRISON	90.04	2730	1860
6	MONTBRISON > GRENOBLE	98.63	3845	2385
7	GRENOBLE > GUILLESTRE	81.11	16270	7972
7	ALP D HEUZ	17.69	3635	6086
8	GUILLESTRE > CASTELLANE	86.7	7956	7372
9	CASTELLANE > MONTE CARLO	69.63	4173	3914
Totals:		790.3	42389	
Totals with optional addition to route:		807.99	46024	

Average Daily Mileage = 87

To put the elevation gain into prospective for you, on the Taunton to Bodmin stretch of our End 2 End route, we cover over 5500 ft of elevation.

*Optional addition to route

